The North Carolina Achieving Cardiac Excellence Project (NC ACE)

*Does patient have Heart Failure (HF)? Yes____No___

If yes, please use this reminder by placing in the patient's medical record for easy reference.

Patient Name: _____ Most recent EF: _____

Date of EF:

Patient DOB: ____

Process of Care	Date of Visit	Date of Visit	Date of Visit	Date of Visit//
Initials of Medical staff				
Counsel patient on: • weight monitoring • sodium restriction • physical activity	Yes No Yes No Yes No			
• smoking cessation	Yes No Non-smoker	Yes No Non-smoker	Yes No Non-smoker	Yes No Non-smoker
Is the patient currently on ACE Inhibitor/ Angiotensin Receptor Blocker?	Yes No If "no", enter the appropriate code from the list below:	Yes No If "no", enter the appropriate code from the list below:	Yes No If "no", enter the appropriate code from the list below:	Yes No If "no", enter the appropriate code from the list below:
Is the patient currently on Beta-blocker?	Yes No If "no", enter the appropriate code from the list below:	Yes No If "no", enter the appropriate code from the list below:	Yes No If "no", enter the appropriate code from the list below:	Yes No If "no", enter the appropriate code from the list below:

<u>Codes:</u> 1= Contraindication (please specify in space provided), 2= Patient refusal, 3= Previous intolerance, 4= Previous treatment failure, 5= other (please specify in space provided)

Heart Failure (HF) Management Recommendation Highlights

(Endorsed by the Heart Failure Society of America and the Agency for Health Care Research and Quality)

- Patients with HF should have their left ventricular ejection fraction (LVEF) assessed.
- ♥ Patients with impaired LVEF will benefit from receipt of an ACE inhibitor. Angiotensin receptor blockers may be good alternatives for some patients who do not tolerate ACE inhibitors.
- ♥ Beta-blockers are beneficial for patients with mild to moderate HF.
- Patients should be instructed to restrict dietary sodium, engage in regular, moderate physical activity as tolerated and record and monitor their weight daily for increases that could precede symptomatic deterioration.
- Patients who smoke cigarettes should be advised to quit and assisted in their cessation attempt.